

# No 4 Restaurant & Bar

# MENU



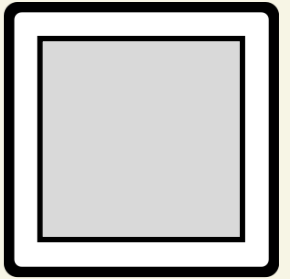
10% DISCOUNT FOR MEMBERS

Ask staff for details

Order At Table  
with your Phone

To order at table scan the QR code  
with your smartphone or go to

abbeygatecinema.co.uk/  
OrderAtTable



## Start & Share

<b>Tomato &amp; Pimento Soup (VG/GF)</b> With avocado crema and fried chickpeas Add bread & Butter	<b>£5.00</b>
<b>Beetroot Hummus (VG/GF)</b> With fried chickpeas & hand cooked corn chips	<b>+50p</b>
<b>Moroccan King Prawns (6 each)</b> With tomato, onion & mushroom, chicken gravy & ras el hanout. Served with hand cooked corn chips	<b>£5.00</b>
<b>Bruschetta (VG)</b> With avocado crema, chilled tomato & onion bruschetta & sherry glaze on toasted bread	<b>£8.00</b>
<b>Sweet Potato Fries (VG/GF)</b> With fresh herbs & spices	<b>£5.50</b>
<b>Classic Fries (VG/GF)</b> With fresh herbs & spices	<b>£4.00</b>

## Loaded Fries

<b>Poutine</b> A Canadian classic. Fries topped with fresh cheddar cheese curds & chicken gravy	<b>£6.50</b>
<b>Dirty</b> With smoked streaky bacon, tomato, onion, jalapeno, pimento, rich chicken gravy, avocado crema & gochujang sauce	<b>£7.00</b>
<b>Tex Mex (V/GF)</b> With jalapeno, tomato, onion, avocado crema & American cheese sauce	<b>£7.00</b>
<b>Kimchi (VG/GF)</b> With fermented cabbage, onion, mushroom & gochujang sauce	<b>£6.50</b>

## Salads

Main £7.00 / Side £4.00

<b>House (VG/GF)</b> Sugar snap peas, Memphis coleslaw, pimento, tomato, onion, jalapeno, iceberg lettuce, roasted cashews, sherry vinaigrette & sweet chilli dressing	
<b>Alpha Omega (VG/GF)</b> Mixed seeds, roasted cashews, mixed lettuce, pimento, dried cranberries, spring onion & sweet chilli dressing	
<b>Spinach (VG/GF)</b> Baby spinach, tomato, onion, sherry vinaigrette, fried chickpeas, avocado crema & mixed seeds	
<b>Add Jackfruit Patties (2 each) (VG/GF)</b>	<b>£3.00</b>
<b>Add Garlic Prawns (6 each) (GF)</b>	<b>£5.00</b>
<b>Add Fried Steak (contains gluten)</b>	<b>£4.00</b>
<b>Add Roasted Chicken (GF)</b>	<b>£3.50</b>
<b>Add Jerk Chicken (GF)</b>	<b>£3.50</b>

## Main Meals

<b>Chicken Chasseur</b> With roasted mushroom, tomato, onion and chicken gravy. Served with classic fries and seasonal vegetables	<b>£12.75</b>
<b>Spicy Jamaican Jerk Chicken (GF)</b> Fresh chicken breasts marinated in our homemade blend of scotch bonnets, herbs and spices. Served with sweet potato fries and seasonal vegetables	<b>£12.50</b>
<b>Grilled NY Steak (GF)</b> Minimum 28 day aged. Prepared medium-rare. Served with classic fries and seasonal vegetables	<b>£25.00</b>

## Rice Bowls

<b>Teriyaki (VG/GF)</b> Sugar snap peas, roasted mushroom, water chestnut, pimento, teriyaki sauce, Memphis coleslaw & sweet chilli dressing over jasmine rice	<b>£9.00</b>
<b>Moroccan King Prawns (12 each)</b> With tomato, onion & mushroom, chicken gravy, ras el hanout. Served over jasmine rice	<b>£15.00</b>
<b>Mongolian Tofu (VG/GF)</b> With onion, pimento & cashews in a Szechuan sauce. Served over jasmine rice.	<b>£9.00</b>
<b>Korean Bibimbap (V/GF)</b> Onion, water chestnut, kimchi, baby spinach, mushroom, pimento, gochujang sauce, mixed seeds, and a hard boiled egg. Served on jasmine rice	<b>£9.75</b>

<b>Add Jackfruit Patties (2 each) (VG/GF)</b>	<b>£3.00</b>
<b>Add Garlic Prawns (6 each) (GF)</b>	<b>£5.00</b>
<b>Add Fried Steak (contains gluten)</b>	<b>£4.00</b>
<b>Add Roast Chicken (GF)</b>	<b>£3.50</b>
<b>Add Jerk Chicken (GF)</b>	<b>£3.50</b>

## Sandwiches

<i>Served on a Cuban bread bun with classic fries and Memphis coleslaw.</i>	
<b>Lisa's Club</b> Roasted chicken breast, smoked streaky bacon, pimento, mature cheddar, baby spinach, parsley & cranberry tartar	<b>£9.50</b>
<b>Baja (VG)</b> Avocado crema, tomato, onion, jalapeno, baby spinach, parsley & sweet chilli dressing	<b>£7.00</b>
<b>BLT</b> Smoked streaky bacon, iceberg lettuce, tomato & mayonnaise	<b>£7.00</b>
<b>Roasted Mushroom (VG)</b> Roasted mushroom, pimento, fried onion, baby spinach, parsley & sweet chilli dressing	<b>£7.00</b>
<b>Kimchi Steak</b> Thin sliced fried steak, water chestnut, fermented cabbage, parsley, baby spinach, mayonnaise & gochujang sauce	<b>£9.50</b>
<b>Philadelphia Cheesesteak</b> Thin sliced fried steak, fried onion, pimento, garlic butter & American cheese sauce	<b>£9.50</b>

## Burgers

<i>All our burgers are served with iceberg lettuce, tomato, onion &amp; remoulade, with a Memphis coleslaw garnish. Served on a potato bread bun unless otherwise noted. Our beef burgers are cooked through to a minimum of 70°C for 2 minutes to retain maximum flavour &amp; ideally still pink inside.</i>	
<b>No.4 Bigger Better Beef</b> Fresh minced 100% chuck beef & barbecue sauce	<b>£7.00</b>
<b>Bacon Cheddar Beef</b> Fresh minced 100% chuck beef, smoked streaky bacon, mature cheddar & barbecue sauce	<b>£9.50</b>
<b>Spicy Jamaican Jerk Chicken</b> Fresh chicken breast marinated in our homemade blend of scotch bonnets, herbs and spices	<b>£8.00</b>
<b>Grilled Chicken Cheddar</b> Seasoned with homemade blend of spices	<b>£8.50</b>
<b>Jackfruit (VG)</b> Homemade patty with barbecue sauce	<b>£7.00</b>
<b>Falafel (VG)</b> Homemade patty with beetroot hummus	<b>£7.50</b>
<b>Go 'bunless' with any burger (GF)</b> <i>Choose any set burger, drop the bun &amp; make it a protein-rich burger bowl.</i> Boiled rice, avocado crema, snap peas, pimento, Memphis coleslaw, tomato, onion, iceberg lettuce, fried chickpeas, mixed seeds & remoulade	<b>+£2.00</b>

## Baked Goods

<b>Homemade Cake (V)</b>	<b>£3.50</b>
<b>Nanaimo Bar (V)</b> Dark chocolate, coconut & sweet custard come together in a rich Canadian treat	<b>£3.00</b>
<b>Maple Pecan Tart (V)</b> A delicious pastry with maple syrup & pecan filling, topped with dark chocolate	<b>£3.50</b>
<b>Chocolate Chip Cookie (V)</b>	<b>65p each or 3 for £1.75</b>
<b>Cornbread Muffin (VG/GF)</b> Sweet cornbread great with butter & jam.	<b>£2.50</b>
<b>Luxurious Brownie (VG/GF)</b> Decadent & delightful	<b>£3.50</b>
<b>Vegan Sausage Roll (VG)</b> Homemade using soya based sausages	<b>£2.50</b>
<b>Scone (V)</b> Homemade from scratch with a choice of Cheese or Cranberry	<b>£2.25</b>
<b>Clotted Cream (V)</b>	<b>£1.00</b>

## Ice Cream

<b>Purbeck Ice Cream (V/GF)</b> Passionately produced on a farm in Purbeck, Dorset, with fresh milk, thick double cream & natural flavours. <i>Mint Choc Chip • Serious Chocolate • Salted Caramel • Stem Ginger • Vanilla Bean</i>	<b>£2.85</b>
<b>Vegan Ice Cream (VG/GF)</b> Made from freshly harvested mature coconuts & blended with fresh fruit to create a creamy, indulgent, fresh-tasting treat <i>Coconut • Chocolate &amp; Orange • Mango &amp; Passionfruit</i>	<b>£2.85</b>

(vg) Suitable for Vegans  
(v) Suitable for Vegetarians  
(GF) Gluten-free (Whilst every effort has been made not to include any gluten there may still be trace amounts present.)

PLEASE INFORM US OF ANY ALLERGIES OR SPECIAL  
DIETARY REQUIREMENTS BEFORE ORDERING

# No 4 Restaurant & Bar

# DRINKS



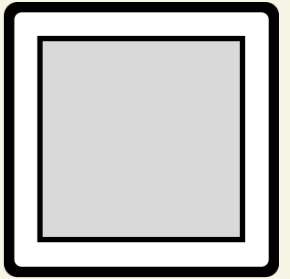
10% DISCOUNT FOR MEMBERS

Ask staff for details

**Order At Table  
with your Phone**

To order at table scan the QR code  
with your smartphone or go to

abbeygatecinema.co.uk/  
OrderAtTable



## White Wine

	<b>175ml / 250ml / Bottle</b>
<b>Pinot Grigio, Novita (2)</b>	<b>£4.75 / £6.50 / £19.50</b>
<i>Italy 12.0%</i>	
Fresh, vibrant, and dry with citrus flavours and a hint of tropical fruit.	
<b>Sauvignon Blanc, Terre Du Soleil (2)</b>	<b>£5.50 / £7.50 / £21.50</b>
<i>France 12.0%</i>	
Fresh crisp tropical fruit.	
<b>Chardonnay, Undurraga (3)</b>	<b>£5.75 / £7.75 / £22.50</b>
<i>Chile 13.0%</i>	
Unoaked with enticing aromas of vanilla, with a hint of honey and tropical fruit.	
<b>Sauvignon Blanc, Faultline (2)</b>	<b>£6.75 / £9.00 / £25.00</b>
<i>New Zealand 12.0%</i>	
A delicate aroma of sweet honeysuckle and tropical fruits.	

(1) dry • (7) very sweet

## Rosé Wine

	<b>175ml / 250ml / Bottle</b>
<b>Pinot Grigio Blush, Novita</b>	<b>£4.75 / £6.50 / £19.50</b>
<i>Italy 12.0%</i>	
Fruity with aromas of ripe cherries and strawberries.	

## Red Wine

	<b>175ml / 250ml / Bottle</b>
<b>Sangiovese, Novita (3)</b>	<b>£4.75 / £6.50 / £19.50</b>
<i>Italy 11.5%</i>	
Smooth with redcurrant and raspberry fruit leading into a fresh finish.	
<b>Merlot, Terre Du Soleil (2)</b>	<b>£5.50 / £7.50 / £21.50</b>
<i>France 13.5%</i>	
Chocolate notes with plummy fruit.	
<b>Shiraz, Boundary Line (2)</b>	<b>£5.75 / £7.75 / £22.50</b>
<i>Australia 13.0%</i>	
Aromas of gentle spice and white pepper, medium bodied with fresh berry flavours.	
<b>Malbec, Doña Paula (3)</b>	<b>£5.75 / £7.75 / £22.50</b>
<i>Argentina 13.5%</i>	
Well rounded with notes of red cherry with a spicy finish.	

(1) light • (5) full-bodied

## Sparkling Wine

	<b>125ml / Bottle</b>
Prosecco Extra Dry, Fávola	<b>£5.25 / £29.75</b>
<i>Italy 11.0%</i>	
Fresh and fragrant with aromas of pear and apple.	

## Cocktails

<b>Long Island Iced Tea</b>	<b>£7.50</b>
Cointreau, Bacardi rum, Absolut vodka, Bombay Sapphire gin, and tequila with a dash of Pepsi Max and lime cordial over ice with a slice of lemon.	
<b>Tom Collins</b>	<b>£6.00</b>
<b>Double Shot</b>	<b>£8.00</b>
Fresh lemon slices topped with Bombay Sapphire gin, lemonade and soda water.	
<b>Bloody Mary</b>	<b>£6.00</b>
<b>Double Shot</b>	<b>£8.00</b>
Absolut vodka and Big Tom spiced tomato juice, ringed with lemon juice and celery salt and served with a stick of celery.	
<b>Mimosa</b>	<b>£6.00</b>
Fávola Prosecco over ice with Tropicana fresh orange juice.	
<b>Irish Coffee</b>	<b>£6.50</b>
Americano with Irish whisky, topped with whipped cream	
<b>Mojito</b>	<b>£6.00</b>
<b>Double Shot</b>	<b>£8.00</b>
Bacardi white rum with fresh lime, mint and demerara sugar	

## Classic Gin & Tonics

*All of our gin's are served with Fever-Tree Indian Tonic Water - a delicious, award winning tonic with a uniquely clean and refreshing taste and aroma.*

<b>Bombay Sapphire</b>	<b>£6.00</b>
<b>Double Shot</b>	<b>£8.00</b>
Infused with ten exotic botanicals, Bombay Sapphire has a clean, bright flavour with a vibrant, peppery finish.	
<b>Tanqueray</b>	<b>£6.00</b>
<b>Double Shot</b>	<b>£8.00</b>
The perfect balance of four classic gin botanicals - refreshing juniper, peppery coriander, aromatic angelica and sweet liquorice.	
<b>Hendrick's</b>	<b>£7.00</b>
<b>Double Shot</b>	<b>£10.00</b>
Infused with the remarkable Bulgarian Rosa Damascena and specially selected cucumbers from the finest producers	

## Spirits

<b>Absolute Vodka (25ml)</b> 40%	<b>£3.75</b>
<b>Bacardi Rum (25ml)</b> 37.5%	<b>£4.50</b>
<b>Baileys Irish Cream (50ml)</b> 17%	<b>£5.50</b>
<b>Bombay Sapphire Gin (25ml)</b> 40%	<b>£4.00</b>
<b>Disaronno Amaretto (25ml)</b> 28%	<b>£3.75</b>
<b>Cpt Morgan's Rum (25ml)</b> 40%	<b>£3.75</b>
<b>Cpt Morgan's Spiced Rum (25ml)</b> 35%	<b>£4.00</b>
<b>Cointreau (25ml)</b> 40%	<b>£4.00</b>
<b>Courvoisier (25ml)</b> 40%	<b>£5.00</b>
<b>Famous Grouse Whisky (25ml)</b> 40%	<b>£3.75</b>
<b>Hendrick's Gin (25ml)</b> 41.4%	<b>£4.75</b>
<b>Jack Daniel's Whiskey (25ml)</b> 40%	<b>£5.00</b>
<b>Malibu (25ml)</b> 21%	<b>£3.00</b>
<b>Martini (50ml)</b> 15%	<b>£3.40</b>
<b>Pimm's (50ml)</b> 25%	<b>£3.75</b>
<b>Tanqueray Gin (25ml)</b> 43.1%	<b>£4.00</b>
<b>Tequila (25ml)</b> 40%	<b>£3.00</b>
<b>Tia Maria (25ml)</b> 20%	<b>£3.00</b>

## Draught Beer

	<b>½ Pint / Pint</b>
<b>Calvors 3Point8 Helles Lager</b>	<b>£2.50 / £4.50</b>
Light, crisp and refreshing.	
<i>Coddenham, Suffolk 3.8%</i>	
<b>Calvors Premium Pilsner</b>	<b>£2.75 / £4.75</b>
Smooth, malty and full bodied.	
<i>Coddenham, Suffolk 5.0%</i>	
<b>Brewshed Counterfeit IPA</b>	<b>£2.50 / £4.50</b>
Unfiltered, cloudy beer with ripe, tropical fruit flavours.	
<i>Bury St Edmunds 4.0%</i>	

## Bottled Beer & Cider

<b>Budweiser</b>	<b>£4.50</b>
A medium bodied crisp American lager.	
<i>UK, 4.5% (330ml)</i>	
<b>Stella Artois</b>	<b>£4.50</b>
A well balanced Belgian lager.	
<i>UK, 4.8% (330ml)</i>	
<b>Adnams Southwold Bitter</b>	<b>£5.50</b>
A beautiful copper-coloured beer, with a distinctive lingering hoppiness, plus hints of caramel and biscuit.	
<i>Suffolk 4.1% (500ml)</i>	
<b>Aspall Suffolk Cyder</b>	<b>£4.50</b>
Dry cider with a floral/apple aroma and a delicate flavour of fresh pressed apples.	
<i>Suffolk 5.5% (330ml)</i>	
<b>Peroni Nastro Azzurro, Gluten Free</b>	<b>£4.75</b>
A crisp and refreshing lager, with unmistakable character.	
<i>Italy 5.1% (330ml)</i>	

## Low Alcohol Beer

<b>Adnams Ghost Ship Citrus Pale Ale</b>	<b>£5.50</b>
With bold citrus flavours and lemon lime aromas from citra hops.	
<i>Scotland, UK 0.5%</i>	
<b>Big Drop Uptown Craft Lager</b>	<b>£4.00</b>
Aromas of cracker, light honey and pepper this lager is crisp, balanced with a suitable level of bitterness to ensure it has a dry, refreshing bite.	
<i>Suffolk, UK 0.5%</i>	
<b>Big Drop Paradiso Citra IPA</b>	<b>£4.00</b>
Pale in colour, with large fruit aromas with lime and grapefruit and a hint of spiciness.	
<i>Suffolk, UK 0.5%</i>	
<b>Nirvana Tantra Pale Ale</b>	<b>£4.00</b>
With a smooth caramel malt body and crisp hoppy flavour.	
<i>London, UK 0.0%</i>	

## Virgin Cocktails

<b>Mojito</b>	<b>£4.00</b>
Carbonated water with fresh lime, mint and demerara sugar	
<b>Negroni</b>	<b>£4.50</b>
Seedlip Grove 42, Aecorn Bitter & Dry	
Aperitifs	
<b>Roy Rogers</b>	<b>£3.25</b>
Pepsi Max, lime cordial & grenadine	

## Hot Drinks

<b>Americano</b>	<b>£2.75</b>
Double espresso with hot water	
<b>Espresso</b>	<b>£2.50</b>
Single shot of espresso	
<b>Double Espresso</b>	<b>£2.75</b>
Double shot of espresso	
<b>Latte</b>	<b>£2.75</b>
Double espresso with hot, smooth milk	
<b>Cappuccino</b>	<b>£2.75</b>
Double espresso with hot, foamed milk, dusted with chocolate powder	
<b>Flat White</b>	<b>£2.75</b>
Double ristretto with hot, smooth milk	
<b>Macchiato</b>	<b>£2.75</b>
Double espresso with a splash of hot, foamed milk	
<b>Mocha</b>	<b>£2.75</b>
Double espresso and chocolate with hot, smooth milk, dusted with chocolate powder	
<b>Hot Chocolate</b>	<b>£2.75</b>
Chocolate and hot, smooth milk, dusted with chocolate powder	
<b>Chai Latte</b>	<b>£2.75</b>
Spiced chai flavouring with hot, smooth milk	
<b>Babyccino</b>	<b>£1.50</b>
Warm milk dusted with chocolate powder	
<b>Tea</b>	<b>£2.50</b>
English Breakfast • Decaffeinated • Egyptian Mint • Earl Grey • Citrus Chamomile • White Pear & Ginger • Hibiscus Wild Encounter • Dragonwell • Spicy Rooibos	
<i>Oat milk available</i>	

## Soft Drinks

<b>Coca Cola (330ml)</b>	<b>£3.00</b>
<b>Pepsi Max • Tango Sugar Free • Lime Soda • 7up Sugar Free • Diet Pepsi • Elderflower Soda</b>	<b>½ Pint / Pint £2.75 / £3.50</b>
<b>Lipton Iced Tea (500ml)</b>	<b>£3.75</b>
Peach	
<b>Fever Tree (200ml)</b>	<b>£2.00</b>
Indian Tonic • Light Indian Tonic • Ginger Ale	
<b>Sparkling Cawston Press (330ml)</b>	<b>£3.00</b>
Apple • Apple & Rhubarb	
Apple & Elderflower	
<b>James White Juices (250ml)</b>	<b>£3.00</b>
Russet Apple • Apple & Elderflower	
Big Tom Spiced Tomato	
<b>Tropicana Orange Juice (250ml)</b>	<b>£2.50</b>
<b>Hildon Bottled Water (330ml)</b>	<b>£2.50</b>
Still • Sparkling (750ml)	
<b>Karma Cola (330ml)</b>	<b>£3.00</b>

Karma Cola's original recipe is made with Fairtrade organic cane sugar and real cola nut grown by the Mende and Temne people of Sierra Leone. Part of the proceeds from each bottle go to the cola grower's families.

## Milkshakes

	<b>small / large</b>
	<b>£3.00 / £5.00</b>
Proper milkshakes prepared with vanilla ice cream, milk and Horlicks malt powder.	
<b>Chocolate • Strawberry • Vanilla • Coffee • Oreo</b>	
Milkshakes can be made gluten free without malt	

PLEASE INFORM US OF ANY ALLERGIES OR SPECIAL DIETARY REQUIREMENTS BEFORE ORDERING