

No.4

Restaurant & Bar



ABBEGATE
CINEMA

Main Meals

Grilled Chicken (GF) £10.00

With boiled rice, sautéed sugar snap peas, red pepper & fresh herbs.

Jerk Chicken (GF) £11.00

With boiled rice, sautéed sugar snap peas & red pepper.

Burgers

All our burgers are served with iceberg lettuce, tomato, Spanish onion & remoulade on a classic burger bun.

No.4 Bigger Better Beef Burger £9.50

100% fresh minced chuck beef, smoked streaky bacon, mature cheddar & barbecue sauce.

Our beef burgers are cooked through to a minimum of 70°C for 2 minutes to retain maximum flavour & ideally pink inside. Served with a red cabbage coleslaw garnish.

Jamaican Jerk Chicken Burger £8.00

Homemade marinated spicy chicken breast.

Jackfruit Burger (VG) £7.00

Homemade patty with barbecue sauce.

Grilled Chicken Burger £7.00

Seasoned with fresh herbs & spices

Go 'bunless' with any burger (GF) +£2.00

Drop the bun & make your burger into a Big Bowl. Choose any set burger & make it a protein-rich burger bowl.

Boiled rice, avocado crema, snap peas, red pepper, red cabbage coleslaw, tomato, Spanish onion, iceberg lettuce, fried chickpeas, mixed seeds & mustard vinaigrette.

Rice Bowls

Curried Chicken £10.00

Roasted chicken, sugar snap peas, red pepper, & onion in a rich curry sauce over boiled rice.

Spicy Garden (VG/GF) £8.00

Sugar snap peas, red cabbage coleslaw, red pepper, tomato, onion, jalapenos, roasted cashews, sherry glaze & sweet chilli dressing over boiled rice.

Baked Goods

Homemade Cake (V) £3.35

Chocolate Oreo or Victoria Sponge.

Nanaimo Bar (V) £3.00

Dark chocolate, coconut & sweet custard come together in a rich Canadian treat.

Chocolate Chip Cookie (V) £2.00

Maple Pecan Tart (V) £3.35

A delicious pastry with maple syrup & pecan filling, topped with dark chocolate.

Luxurious Brownie (VG/GF) £3.35

Decadent & delightful.

Vegan Sausage Roll (VG) £2.50

Homemade every morning.

Scone (V) £2.00

Homemade from scratch with a choice of Cheese or Cranberry.

Clotted Cream (V) £1.00

Ice Cream

Purbeck Ice Cream (V/GF) £2.85

Passionately produced on a farm in Purbeck, Dorset, with fresh milk, thick double cream & natural flavours.

Mint Choc Chip • Serious Chocolate • Salted Caramel • Stem Ginger • Vanilla Bean

Vegan Ice Cream (VG/GF) £2.85

Made from freshly harvested mature coconuts & blended with fresh fruit to create a creamy, indulgent, fresh-tasting treat.

Coconut • Chocolate & Orange • Mango & Passionfruit



10% DISCOUNT FOR MEMBERS

Ask staff for details

No 4

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ABBEGATE CINEMA

Start & Share

Bruschetta (VG) £5.50

With avocado crema, chilled tomato bruschetta & a sherry glaze on toasted bread.

Sweet Potato Fries (VG/GF) £5.00

With fresh herbs & spices.

Classic Fries (VG/GF) £4.00

With fresh herbs & spices.

Salads

Alpha Omega (VG/GF) Main £7.00

Mixed seeds, roasted cashews, mixed lettuce, red pepper, onion & sweet chilli dressing.

Small £4.00

Spicy Garden Salad (VG/GF) Main £7.00

Sugar snap peas, red cabbage coleslaw, red pepper, tomato, onion, jalapenos, iceberg lettuce, roasted cashews, sherry vinaigrette & sweet chilli dressing.

Small £4.00

Spinach Salad (VG/GF) Main £7.00

Baby spinach, tomato, onion, sherry vinaigrette, fried chickpeas, avocado crema & mixed seeds.

Small £4.00

(VG) Suitable for Vegans

(V) Suitable for Vegetarians

(GF) Gluten-free (While every effort has been made not to include any gluten there may still be trace amounts present.)

Loaded Fries

Poutine £6.50

A Canadian classic. Fries cover in cheddar cheese curds & chicken gravy.

Dirty £7.00

With bacon, tomato, Spanish & spring onion, jalapeno, rich chicken gravy, avocado crema & hot sauce.

Curry £6.00

With red pepper, Spanish & spring onion, curry spice, garlic butter and fresh herbs.

Sandwiches

Served on an authentic Cuban bread with a red cabbage coleslaw garnish.

Lisa's Club £8.00

Roasted chicken breast, smoked streaky bacon, red pepper, mature cheddar, baby spinach, fresh herbs & cranberry tartar.

Baja Sandwich (VG) £5.00

Avocado crema, tomato, Spanish onion, jalapeno, baby spinach, fresh herbs & sweet chilli dressing.

BLT £5.00

Smoked streaky bacon, iceberg lettuce, tomato and mayonnaise.

PLEASE INFORM US OF ANY ALLERGIES OR SPECIAL DIETARY REQUIREMENTS



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 abbeygatecinema.co.uk



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